



It  
takes  
you from  
here...

# ATHLETIC THERAPY



and  
brings you  
back to  
here...

## FASTER!

### **Your life wasn't meant to be lived on the sidelines.**

Certified Athletic Therapists are highly trained professionals who focus on rapidly returning you to work, sport, and play. We perform one-on-one assessments to create individualized treatment and home exercise plans that utilize contemporary and traditional evidence based techniques such as soft tissue therapy, manual therapy, activity based therapy, and modalities.

To find a therapist or clinic and to learn more about our nationally accredited programs, visit:

**[YourLifeInFullMotion.ca](http://YourLifeInFullMotion.ca)**